



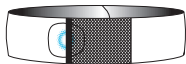
TheraTec

Connected Care Technologies

Usage Instructions

BOX CONTENTS

TherApp™ small and large bands



Sensor



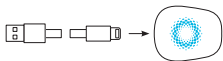
USB Charging Cable



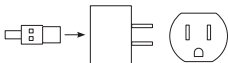
1

THERAPP™ SENSOR CHARGING

1. The TherApp™ sensor will be inside of the mesh pouch on the band. Find the opening.
2. Plug micro USB end of charging cable into TherApp™ sensor. Do not force or jiggle the port connector.



3. Plug the USB end of the charger cord into a USB wall adaptor or port on a computer or laptop.



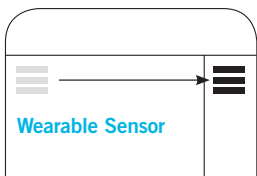
Leave charging for an hour.
Recharge every 2-3 uses.

2

CONNECT THERAPP™

SENSOR TO THERAPP™ PT

1. Download TherApp™ PT App from iTunes App Store.
2. Open TherApp™ PT App and enter 4 digit invitation code. (if you did not receive a code, contact your physical therapist.)



3. Press the drop down menu on the top left side of your app screen. Select “Wearable Sensor” and follow instructions.
4. Turn on Bluetooth on your iPhone™. Follow the pop-up prompt or click the “how” link for instructions.

5. The application will search for your TherApp™ sensor. Once it finds it, “MetaWear” should appear at the bottom of the screen in blue. Select it by touching “MetaWear”. “MetaWear” will turn green when connected and a green light will appear on your sensor.
*if no sensor appears, check that Bluetooth is turned on and that the sensor is charged.
6. To disconnect, simply select “MetaWear” Connection Status will change to “Disconnected” and the light on your sensor will turn off. Or leave the app and the sensor will disconnect.

CARE AND CLEANING:

Gently rub the surfaces of the TherApp™ band or clip with a clean cloth or cotton ball and rubbing alcohol. Do not submerge the sensor in water or solution.

CONTACT

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if you have any questions.